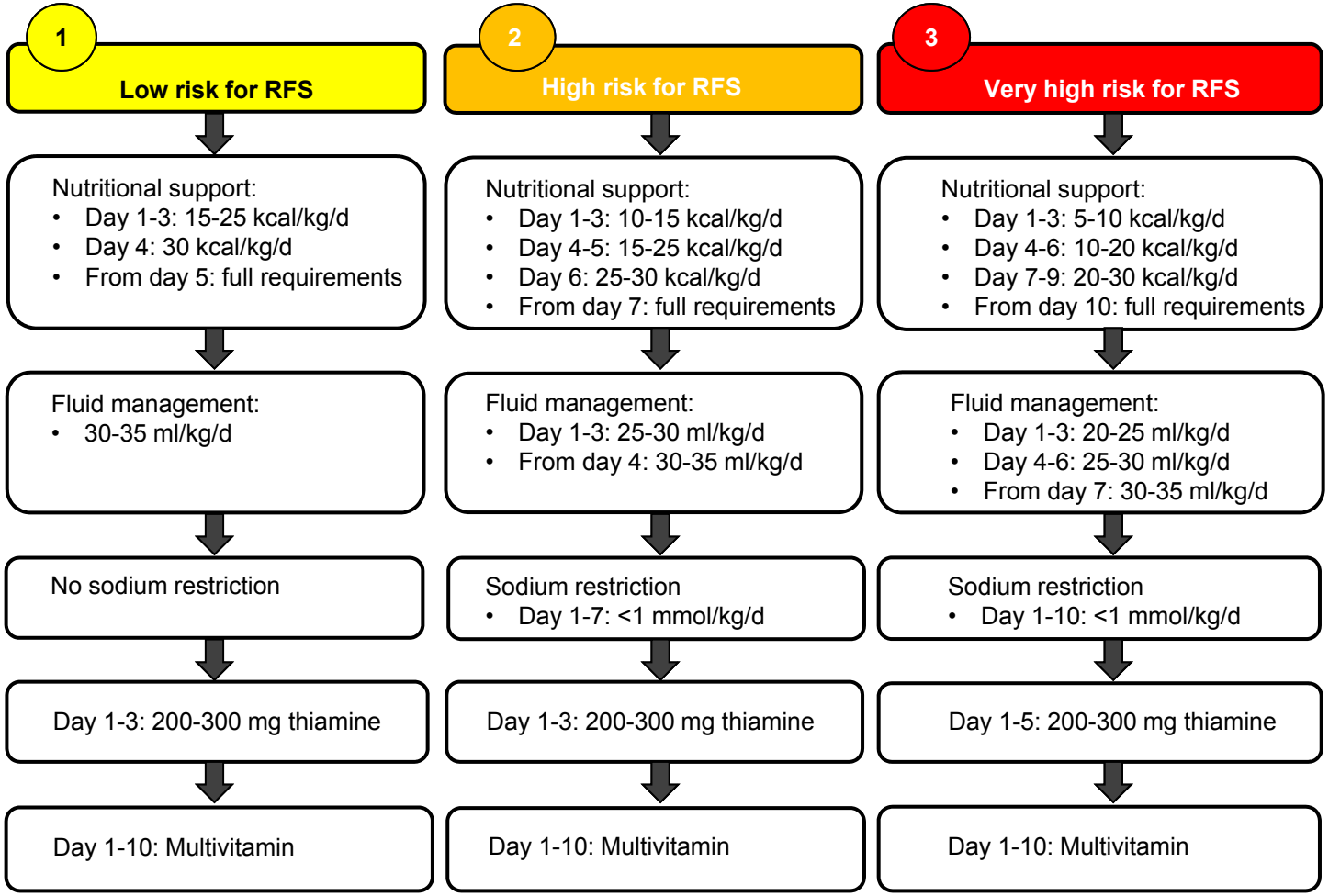
1
Low risk for RFS
Nutritional support:
• Day 1-3: 15-25 kcal/kg/d
• Day 4: 30 kcal/kg/d
• From day 5: full requirements
Fluid management:
• 30-35 ml/kg/d
No sodium restriction
Day 1-3: 200-300 mg thiamine
Day 1-10: Multivitamin
2
High risk for RFS
Nutritional support:
• Day 1-3: 10-15 kcal/kg/d
• Day 4-5: 15-25 kcal/kg/d
• Day 6: 25-30 kcal/kg/d
• From day 7: full requirements
Fluid management:
• Day 1-3: 25-30 ml/kg/d
• From day 4: 30-35 ml/kg/d
Sodium restriction
• Day 1-7: <1 mmol/kg/d
Day 1-3: 200-300 mg thiamine
Day 1-10: Multivitamin
3
Very high risk for RFS
Nutritional support:
• Day 1-3: 5-10 kcal/kg/d
• Day 4-6: 10-20 kcal/kg/d
• Day 7-9: 20-30 kcal/kg/d
• From day 10: full requirements
Fluid management:
• Day 1-3: 20-25 ml/kg/d
• Day 4-6: 25-30 ml/kg/d
• From day 7: 30-35 ml/kg/d
Sodium restriction
• Day 1-10: <1 mmol/kg/d
Day 1-5: 200-300 mg thiamine
Day 1-10: Multivitamin

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