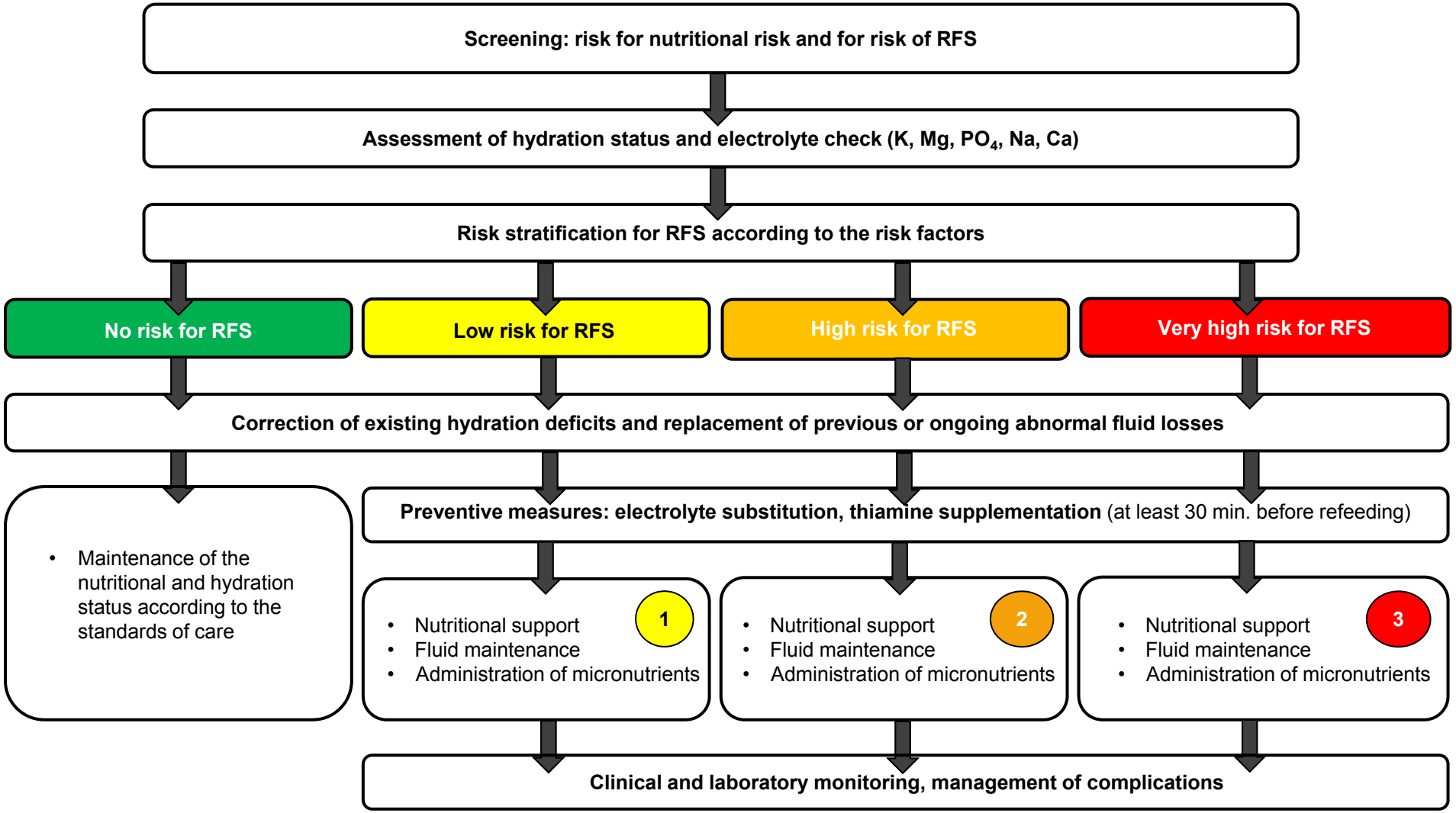
Screening: risk for nutritional risk and for risk of RFS
Assessment of hydration status and electrolyte check (K, Mg, PO_4, Na, Ca)
Risk stratification for RFS according to the risk factors
No risk for RFS
Low risk for RFS
High risk for RFS
Very high risk for RFS
Correction of existing hydration deficits and replacement of previous or ongoing abnormal fluid losses
• Maintenance of the nutritional and hydration status according to the standards of care
Preventive measures: electrolyte substitution, thiamine supplementation (at least 30 min. before refeeding)
1
• Nutritional support
• Fluid maintenance
• Administration of micronutrients
2
• Nutritional support
• Fluid maintenance
• Administration of micronutrients
3
• Nutritional support
• Fluid maintenance
• Administration of micronutrients
Clinical and laboratory monitoring, management of complications

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