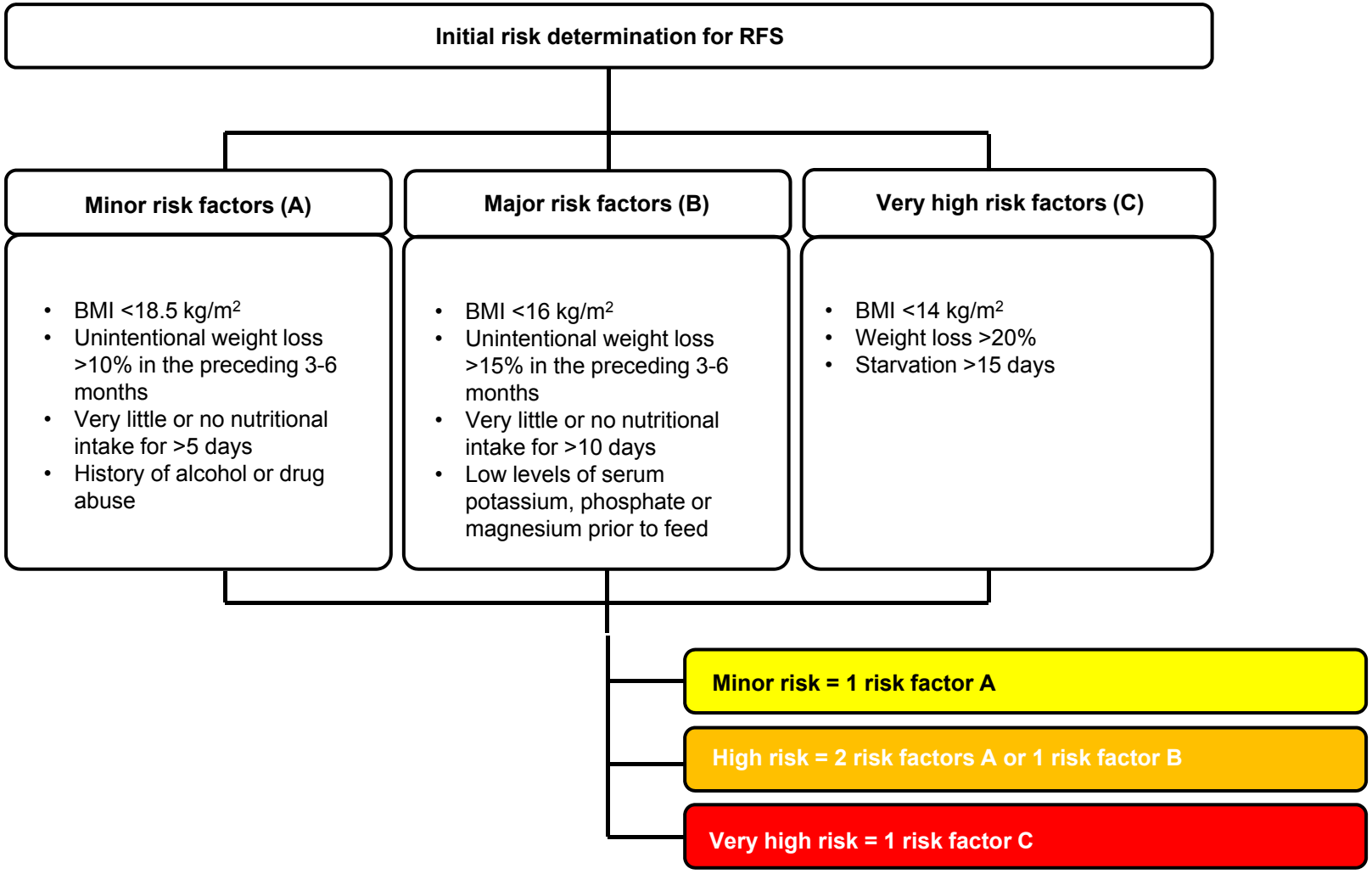
Initial risk determination for RFS
Minor risk factors (A)
BMI <18.5 kg/m2
Unintentional weight loss >10% in the preceding 3-6 months
Very little or no nutritional intake for >5 days
History of alcohol or drug abuse
Major risk factors (B)
BMI <16 kg/m2
Unintentional weight loss >15% in the preceding 3-6 months
Very little or no nutritional intake for >10 days
Low levels of serum potassium, phosphate or magnesium prior to feed
Very high risk factors (C)
BMI <14 kg/m2
Weight loss >20%
Starvation >15 days
Minor risk = 1 risk factor A
High risk = 2 risk factors A or 1 risk factor B
Very high risk = 1 risk factor C

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